# Vibrant Mind<sup>®</sup>

### Supports Cognitive Function and Enhances Focus & Memory\*

- Supports neurological health\*
- Encourages healthy cerebral blood flow and oxygenation\*

Vibrant Mind<sup>®</sup> contains an array of highly concentrated botanical extracts and advanced nutrients which work to promote healthy neurological function and mental acuity. Standardized extracts of classic brain tonic herbs such as Bacopa, Gotu Kola, and Ginkgo have been combined with brain-specific compounds phosphatidylserine, huperzine A, vinpocetine and acetyl-L-carnitine. These select ingredients provide multi-targeted mechanisms to support healthy brain oxygenation, mitochondrial function and cholinesterase activity, while encouraging proper oxidant and cytokine balance.\*

# **Supplement Facts**

Serving Size: 3 capsules Servings Per Container: 30

	Amount Per Serving	%Daily Value
Bacopa monnieri Whole Plant Extract (Bacopin®)	300 mg	*
Ginkgo biloba Leaf Extract	250 mg	*
Gotu Kola (Centella asiatica) Leaf Extract (Centellin®)	200 mg	*
Rosemary (Rosmarinus officinalis) Leaf Extract	150 mg	*
<i>Tinospora cordifolia</i> Aerial Parts Extract (Tinofolin®)	100 mg	*
Salvia miltiorrhiza Root Extract	100 mg	*
Acetyl L-Carnitine (as Acetyl L-Carnitine H	ICI) 100 mg	*
Phosphatidylserine	50 mg	*
Saffron (Crocus sativus L.) Stigmas Extrac	t 40 mg	*
Vinpocetine	5 mg	*
Black Pepper ( <i>Piper nigrum</i> ) Fruit Extract (BioPerine®)	2.5 mg	*
Huperzine A (from <i>Huperzia serrata</i> Aerial Parts Extract)	200 mcg	*
* Daily Value Not Established		

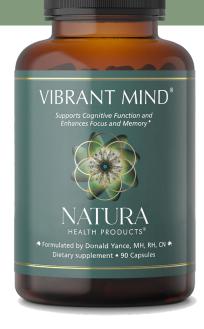
Other Ingredients:Vegetable Capsule (Hydroxypropyl methylcellulose), Rice Flour, Magnesium Stearate.

DOES NOT CONTAIN: Wheat, soy, milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, sesame

Available in 90 capsules

SUGGESTED USE: 3 capsules daily or as directed by your healthcare practitioner

Bacopin®, Centellin®, Tinofolin®, and BioPerine® are registered trademarks of Sabinsa Corporation.



## FEATURING

#### Bacopa

Bacopa, traditionally used for its calming effect on the brain, supports the ability to concentrate and retain information. It contains naturally occurring steroidal saponins, which affect the central nervous system by stimulating the gaba-aminobutyric acid (GABA) and cholinergic systems.\*

#### Ginkgo

Used for thousands of years, Ginkgo is known for its ability to enhance memory and focus. Gingko promotes healthy blood flow and oxygenation in the brain while neutralizing free radicals through its antioxidant activity.\*

#### Centellin® (Gotu kola)

Gotu kola, highly revered in Ayurvedic medicine as a brain tonic to protect and enhance memory, also supports healthy central nervous system function. The natural compounds known as triterpenes are its active constituents.\*

#### Tinofolin<sup>®</sup> (Tinospora cordifolia)

Tinospora cordifolia is a highly revered and extensively used herb in the Ayurvedic tradition. Traditionally well-known for its anti-stress activity, the plant has demonstrated the ability to enhance memory recall and cognition. The mechanism of action has been predicted to be through modulation of healthy neurotransmitter balance.\*

#### Phosphatidylserine

Phosphatidylserine, a central component of neuronal membranes, is an essential nutrient for brain function. This phospholipid promotes membrane fluidity and encourages healthy glucose metabolism by the brain. Research suggests that it has the ability to enhance memory and learning, as well as general mental acuity.\*

#### Vinpocetine

Vinpocetine is a semisynthetic derivative alkaloid from the Periwinkle plant (Vinca minor). It helps to enhance cerebral blood flow and encourage a healthy inflammatory response function to normal stress within the brain. Vinpocetine also provides antioxidant activity and neuro-protective effects.\*

#### **Huperzine A**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Huperzine A is a sesquiterpene alkaloid extracted from Club Moss (Huperzia serrata). Huperzia has been used in Traditional Chinese Medicine to support healthy blood and circulation function. Modern research is focusing on the ability of Huperzine A to enhance memory and support healthy neurological function.\*

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